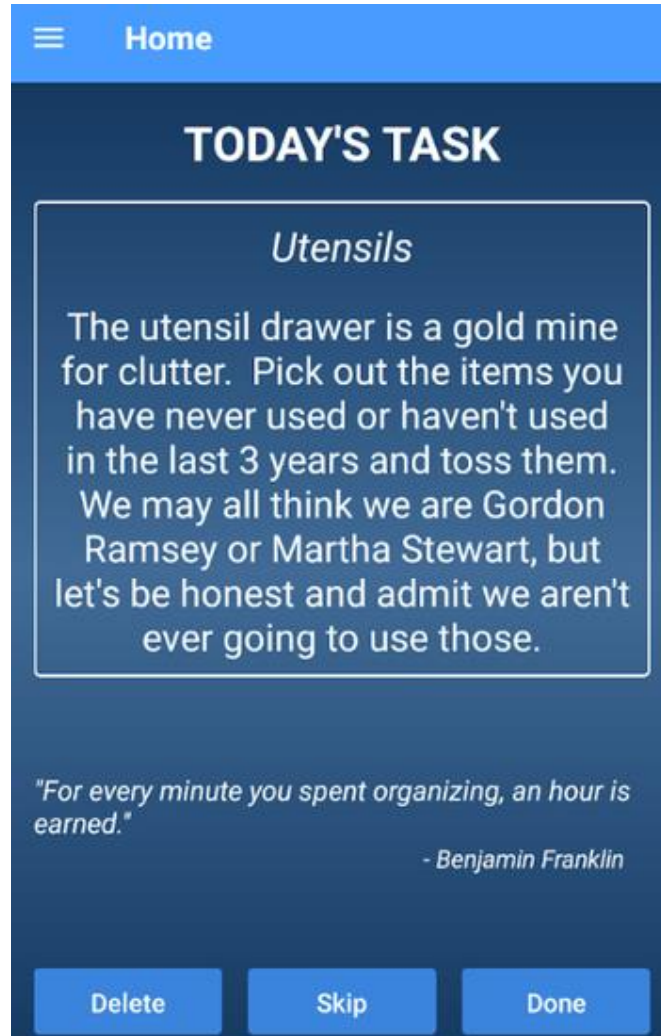




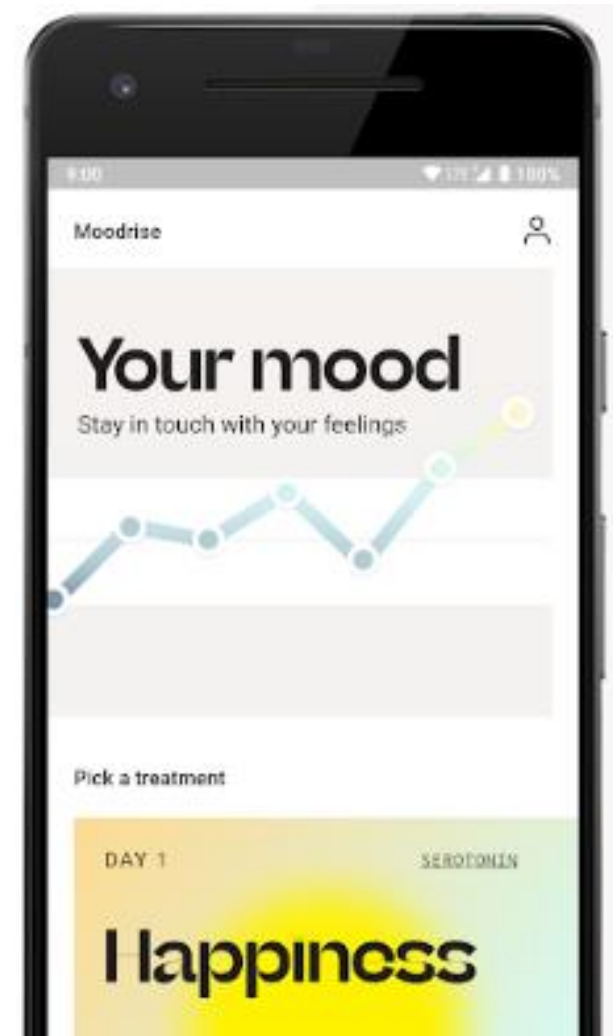
CREATING A HEALTHY RELATIONSHIP WITH OUR SMARTPHONES DURING LOCKDOWN



## GIVE YOUR WELLNESS A BOOST

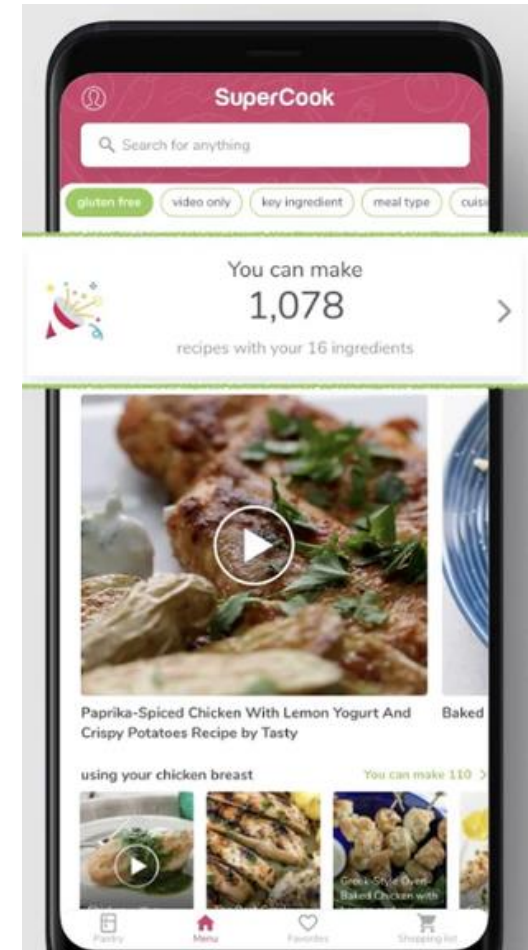
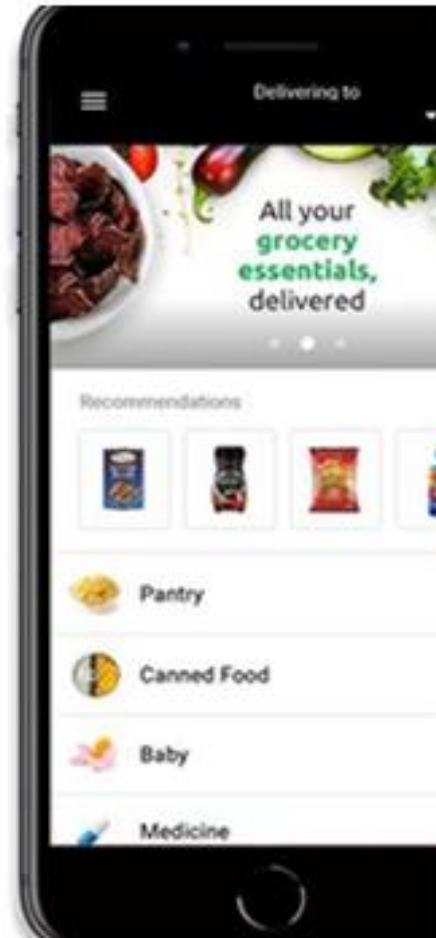


[Toss](#) - declutter fast & easy



[Moodrise](#) - elevate your mood

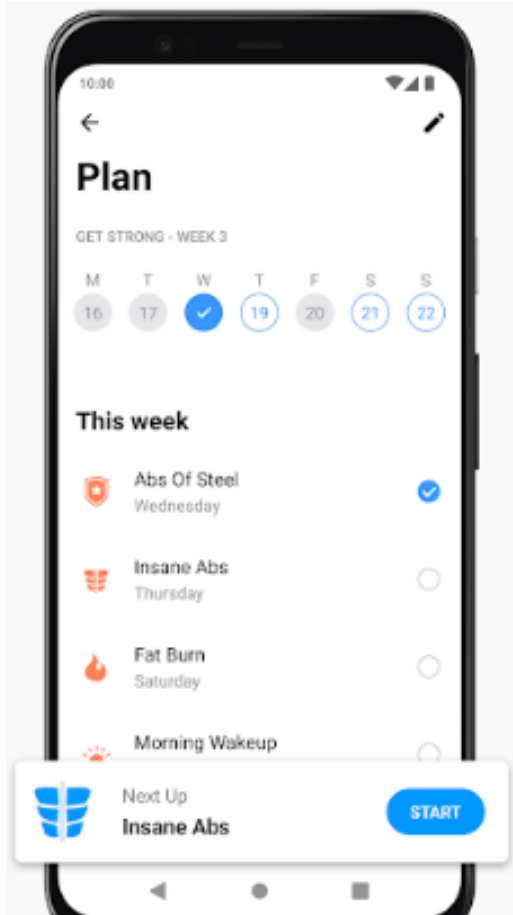
# SOCIAL DISTANCING LIKE A BOSS



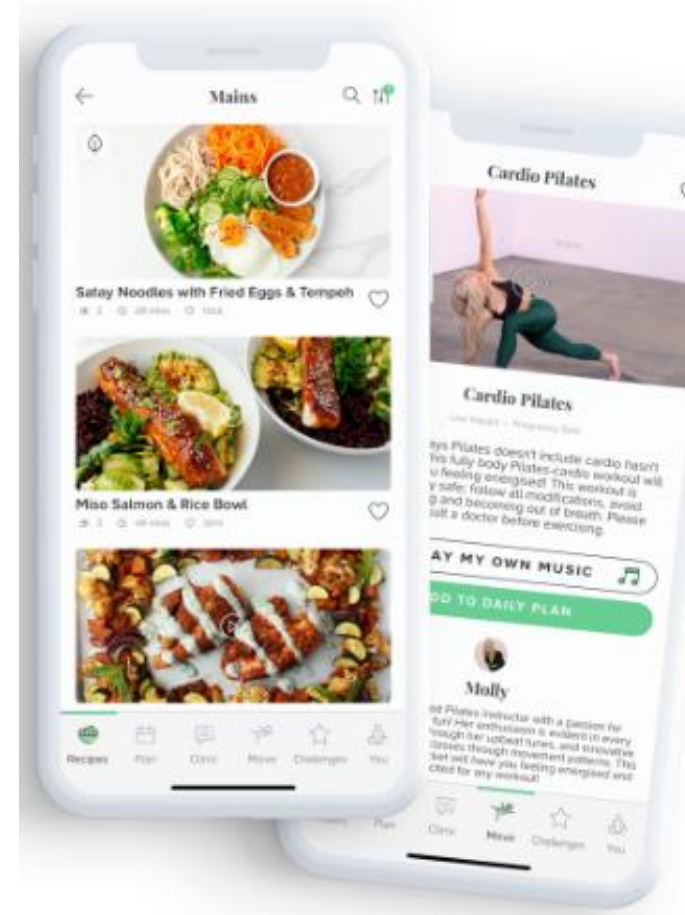
[Bottles](#) - same day delivery of essentials

[SuperCook](#) - recipe database search using at home ingredients

# MAKING LOCKDOWN WORK FOR YOU



[7 Minutes Workout](#)



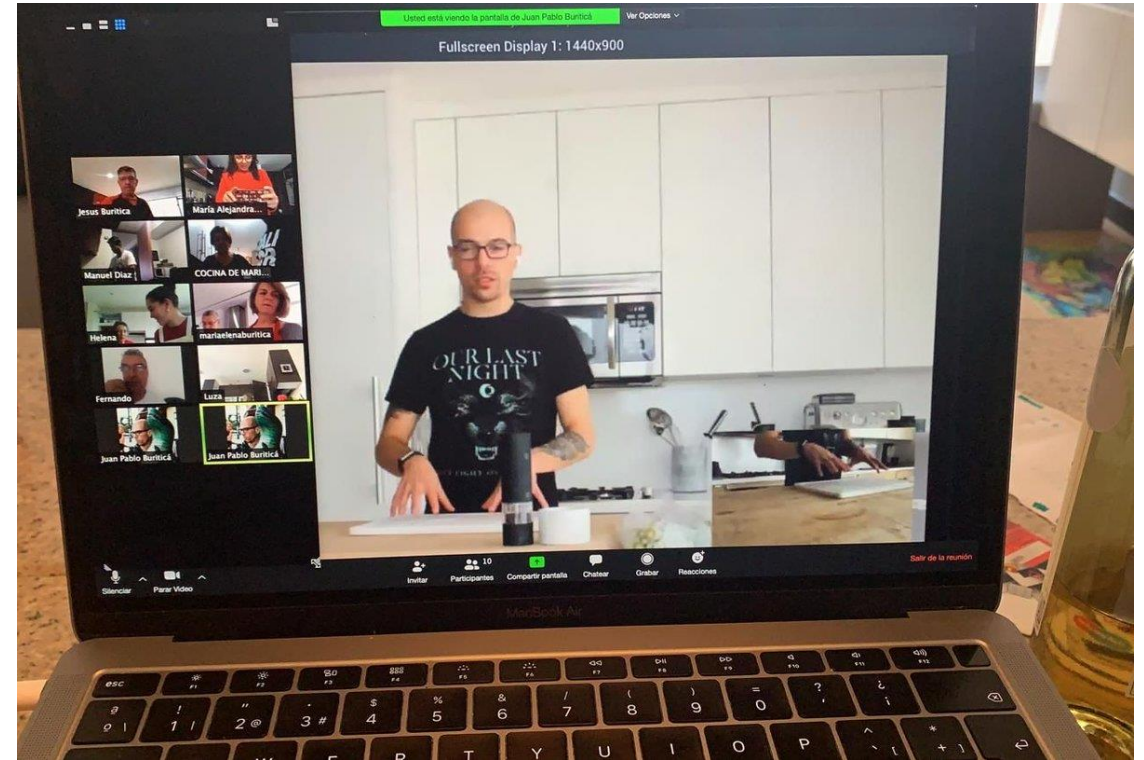
[JS Health](#)



# VIRTUALLY SOCIAL WITH [ZOOM](#) OR [HOUSEPARTY](#)



Game night with [Jackbox](#)



Virtual cooking class